



Dr. Bettina Tong

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PATIENT INFORMATION

Full Name: _____

Address: _____

_____ *Street Address* _____ *Apartment/Unit #*

City _____ State _____ Zip Code _____

Home Phone: () DOB: Email:

Requesting Physician's Name: _____ Email: _____

Insurance Provider: PPO

Policy Number: _____ Group Number: _____ Employer: _____

Insured: Self ☐ Child ☐ Other ☐

REASON FOR REFERRAL (MARK ALL THAT APPLY)

<u>Diagnosis:</u>	Obstructive Sleep Apnea (ICD 327.23)	Insomnia due to Sleep Apnea (ICD 780.51)
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☐ Sleep Apnea/Sleep Related Breathing Disorder, Unspecified (ICD327.20)

☐ Hypersomnia due to Sleep Apnea (ICD 780.53)☐ Other, Unspecified (ICD 780.57)

<u>Rx:</u>	Fabricate Custom Oral Appliance
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Without Appliance (CPAP or Oral Appliance):

Respiratory Disturbance Index (RDI) Lowest Desaturation (SpO₂)

Apnea Hypopnea Index (AHI)	Percentage of Time Below 90%
0-5	100%
5-15	95%
15-30	90%
30-45	85%
45-60	80%
60-75	75%
75-90	70%
90-105	65%
105-120	60%
120-135	55%
135-150	50%
150-165	45%
165-180	40%
180-195	35%
195-210	30%
210-225	25%
225-240	20%
240-255	15%
255-270	10%
270-285	5%
285-300	0%

Therapies Attempted: CPAP: Intolerant ☐ Not a good candidate ☐ Surgery: YES ☐ NO ☐

Comments/ Special Concerns:

Please include a copy of the patients sleep study, an RX stating the patient is CPAP intolerant, and the patients demographic sheet.

STATEMENT OF MEDICAL NECESSITY

This above patient has undergone a sleep study for a sleep related breathing disorder. This evaluation confirmed that an Oral Appliance is medically necessary. Oral Appliance Therapy (OAT) is used as an alternative to surgery at this time and or CPAP, as this patient could not tolerate CPAP or does not feel he/she will be able to tolerate CPAP.

Physician's Signature: _____

Date: _____